



IDC sample schedule

what does your training look like?

meet Nic
PADI Course Director
at The Fifth Point



TAKE A LOOK!

Here's my sample schedule for The Ultimate IDC at The Fifth Point.

If you're training with me, your schedule might look slightly different depending on the dates of your IDC, but you get the gist. Remember that PADI say the minimum duration for an IDC is 6 days... how on earth could you fit all that into such a short time?! You'll be exhausted!

Scheduling is one of the 8 considerations in my IDC Comparison Tool that helps you choose the best IDC on offer.

step one

4 week prep for success

Use this time to do a little bit of self-auditing - are there any areas that you need to work on?

To make your preparation go smoothy, it's guided by my amazing team. We'll be on hand through an always on Slack group and checking in with regular Zoom calls.

step two

16 day Instructor Development Course

OMG. You're going to have so much fun on your IDC!

You'll spend 16 days developing your skills and knowledge as you progress through the PADI curriculum. There is some time spent in the classroom, taking part in workshops and delivering presentations, but the really fun stuff happens in our onsite training tank and at our local shore dive sites. You'll get wet pretty much every day!

DAY ONE | ORIENTATION

AM **FP** paperwork
logistics
kit set up
PM **FP** skill development | **workshop** | part 1
standards and procedures | **pre-assessment exam**
welcome party

DAY TWO | ORIENTATION

AM **LDS** dives at a local site
dive against debris dives
rescue skills review

DAY THREE | ORIENTATION

AM **FP** dive theory | **pre-assessment exams**
modern diving | **workshop**
PM **FP** environmental responsibility | **workshop**
emergency first response | **knowledge reviews and exam**

DAY FOUR | IDC

AM **FP** PADI system | **workshop**
PM **FP** confined water training | **workshop**
DELIVER | confined water teaching presentation | **DRY 1**
PREPARE ensure EFRi knowledge reviews and exam are complete

DAY FIVE | EFRi

AM **FP** course orientation
EFR educational philosophy
learning and instruction | **workshop**
teaching EFR skills | **workshop**
PM **FP** care for children and CPR & AED course standards and content
care for children skills | **workshop**
organising and marketing an EFR course
PREPARE confined water teaching presentation | **WET 1**

DAY SIX | IDC

AM **FP** **DELIVER** | confined water teaching presentation | **WET 1**
skill development | **workshop** | part 2
discover scuba diving | **workshop** | part 1
PM **FP** learning and teaching | **workshop**
knowledge development presentation | **workshop**
DELIVER | knowledge development teaching presentation | 1

DAY SEVEN | IDC

AM **FP** open water diver course scheduling and setup | **workshop**
open water training | **workshop**
DELIVER | open water teaching presentation | **DRY 1**
PM **FP** continuing education | **workshop**
PREPARE confined water teaching presentation | **WET 2**
knowledge development teaching presentation | 2

DAY EIGHT | IDC

AM **FP** **DELIVER** | knowledge development teaching presentation | 2
PM **POOL** skill development | **workshop** | part 3
DELIVER | confined water teaching presentation | **WET 2**
400m swim
10min float
PREPARE open water teaching presentation | **WET 1**
rescue teaching presentation | **FOR WORKSHOP**

DAY NINE | IDC

AM **LDS** discover scuba diving | **workshop** | part 2
DELIVER | open water teaching presentation | **WET 1**
PM **FP** rescue diver course | **workshop**
DELIVER | rescue teaching presentation | **FOR WORKSHOP**
PREPARE confined water teaching presentation | **WET 3**
knowledge development teaching presentation | 3

DAY TEN | IDC

AM have a lie in - rest and review
FP **DELIVER** | confined water teaching presentation | **WET 3**
PM **FP** **DELIVER** | knowledge development teaching presentation | 3
risk management and licensing | **workshop**
sales techniques | **workshop**

DAY ELEVEN | IDC

AM **FP** dive theory | **workshop**
PM **FP** teaching the PADI dive against debris course | **workshop**
teaching the PADI underwater naturalist course | **workshop**
teaching the AWARE fish ID course | **workshop**
PREPARE open water teaching presentation | **WET 2**
advanced open water teaching presentation | **FOR WORKSHOP**

DAY TWELVE | IDC

AM **LDS** **DELIVER** | open water teaching presentation | **WET 2**
advanced open water diver | **workshop**
DELIVER | advanced open water teaching presentation | **FOR WORKSHOP**
PM rest, recover and prepare for IE run through

DAY THIRTEEN | IE SITE FAMILIARISATION

AM **TBC** orientation
final practice exams
PM **TBC** **DELIVER** | knowledge development teaching presentation | 4
DELIVER | confined water teaching presentation | **WET 4**

DAY FOURTEEN | IE SITE FAMILIARISATION

AM **TBC** **DELIVER** | open water teaching presentation | **WET 3**
instructor specialty course skills
course close
PM rest, recover and prepare for IE

DAY FIFTEEN | IE

AM **TBC** orientation, exams and knowledge development
PM **TBC** confined water

DAY SIXTEEN | IE

AM **TBC** open water
PM **FP** **celebration meal and drinks**

step three

fully qualified PADI Instructor!

YAASS! You did it! Party time, celebrate and then... start teaching your own students!

But remember, the learning and the support doesn't end here. There's still a whole other journey to go on as you progress through the Instructor levels.

[click here to see our MENTORING PROGRAM](#)

If you like what you see...

when do you want to start?!

BOOK NOW

or

LET'S CHAT